



Leader Pack v 1.0

Document History: Initial Release

Welcome

Thank you for signing up for attending the AFC Country camp in September 2019. This pack has all the information you need to know about this event.

However, if you require any more information, please email explorerscamp2019@norfolkscouts.org.uk or leave a message on 07899878914 and we will get back to you.

The AFC County Team - Alister Christman, David Cubitt DCC Operations, Phil Wright ACC Events, Matt Kitchin ACC Events.

Camping Permits and First Aid

Each group will require a Unit Leader, who will have overall responsibility for their young people. That person will be required to hold a Nights Away Permit and responsible for appointing a home contact. They will also be responsible for first aid for your Unit and nights away notification to your home DC. If you don't have a night away permit let us know and we can put you in touch with a Unit who can cover this.

We will require any Leader who will be attending the camp to register via the website before attending site.

Arriving

Eaton Vale will be open from 3pm for Leaders to arrive on site.

The first Leader on site from each Unit needs to report to Camp Information desk located in Icen House, so that we can check you in,

Camping Plots

Closer to time we will allocate camping plots.

Overview of the Camp

The camp motto: Adventure, Friendships and Challenges

Adventure

Explorers get to try various activities

Friendships

Explorers get to make new friends

Challenges

The whole weekend will be about taking part in a series of challenges

Activities

Each Explorer will be given a passport to collect stamps from all activities across the weekend. These stamps will count towards helping your team in the final team challenge.

Friday Night

Opening Ceremony

A brief opening ceremony, where we welcome Explorers to the event.

Wide game

This is their first chance to gain a stamp and an opportunity to meet all the other Explorers on the camp

Saturday

Flag break at the flag pole.

Saturday Sessions

Saturday will be broken down into 4 sessions. Each Explorer will take part in two activities provided by Eaton Vale, a water activity and a "Pick 'N' Mix" session. The three activity sessions will give the Explorers a stamp for taking part in that activity.

During the "Pic and Mix" session the following activities will be run. For each base visited they will get a stamp. They can also visit them during breaks between the other activities.

These include: Backwoods cooking, Traditional Scouting, Crafts, Pyrography, Info base, Go Karts, Grass Sledges, Air Rifle Shooting and Tomahawk Throwing. Some of these activities will be able to earn extra points for your team.

Saturday Late Afternoon

Ready Steady Cook (Saturday Night Dinner)

Each Unit will be provided with a number of ingredients to make a dish. All teams will then present their food before eating it together.

Flaming Arrow.

We will be running a competition to see who can project a standard garden cane with one of the ends alight. There will be two competitions, who can get their cane to travel the furthest and one for accuracy.

The explorers will have the task of building a free standing ballista for firing the flaming arrow (from behind a safety line). You will need to bring your own equipment and build the ballista during the day, so they are ready to fire after dinner.

Camp fire

We will be holding a camp fire during the evening. If you would like to provide a song or sketch let us know

Sunday

Youth shape / Leaders Forum

On Sunday morning, we will be running a youth shape event for Explorers and a separate Leaders forum.

Taskmaster

Just like the game show on Dave TV channel. Each Unit will need to provide a task for the Explorers to complete. Each task should last no longer than 10 mins. Explorers will rotate around the tasks in turn.

Here is example if you have not seen task master before:

<https://www.youtube.com/watch?v=acQvGDe0hCU> or

<https://www.youtube.com/watch?v=A3YYjatILNA>

Closing Ceremony

We will close the event and present prizes.

Rules

This camp is an alcohol free camp. This applies to both Explorers and Leaders.

Smoking

Smoking and the use of electronic cigarettes are only allowed in the designated Eaton Vale smoking zone.

Drugs/ Illegal substances.

Will not be tolerated unless these are prescribed drugs.

Other Information

Leader meetings

A Leaders meeting will be held at 10pm each night

Lights outs

There will be no official lights out time. However, after 11pm we would request that noise is kept to a minimum.

Meals

We will provide the dinner ingredients on the Saturday night. Units will be required to provide all other meals.